

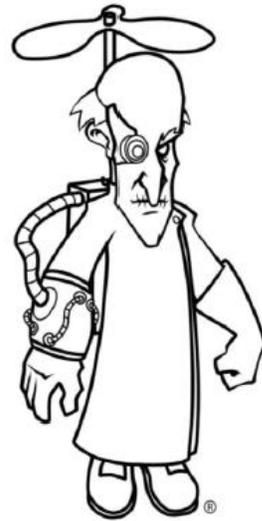


*Presents the*

# Debate on Disease Prevention



**VS.**



# Disease Prevention Debate Lesson Plan

Created by: The Alliance for Consumer Education

## Objectives/ Goals:

- Students will learn the format of a formal debate.
- Students will learn disease prevention tips, like the correct way to sneeze, how to wash hands, and what not to share.

## Materials:

- Disease Prevention Debate Lesson Packet (1)
- Debate Script (1 for every student)
- If possible video from <http://acecleanonline.org/cartoon.php>.
- String to hang from name tags-Poke holes on the top left and top right of the name tag. Insert string and knot to create a necklace.
- Area for debates
- Pencils

## Procedures:

1. Introduction- Introduce the concept of a debate to students. Explain the three roles: moderator and two opponents. The moderator runs the debate and makes sure the debaters are following the rules (see below). The moderator also asks the questions to each opponent. The debaters each get an opportunity to answer questions. Each opponent is trying to convince the audience that his or her opinion or viewpoint is right. In a presidential debate, viewers listen to hear what each candidate believes and will do for the country. Voters will then vote on the person they think will do the best job. Today, we are listening to two candidates that want to represent our classroom as the "Stop Germs Mascot". It will be important to listen to both Professor Grime and Ace Clean and determine based on their answers who would be the best at showing us how to stop germs.
2. Explain the roles of this debate- if possible show video from [www.acecleanonline.org](http://www.acecleanonline.org) to show students the two characters of Ace Clean and Professor Grime.
  - a. Moderator
  - b. Ace Clean- Ace Clean is a superhero that fights germs. He works to make sure kids are acting in the healthiest way and doing what is best to stop germs.
  - c. Professor Grime- Professor Grime is Ace Clean's nemesis and the genius behind germs! He likes to trick kids into doing things that will help spread germs and make you sick!

The moderator will ask Ace Clean and Professor Grime health questions, and Ace Clean and Professor Grime will each get a chance to answer.

3. Setting up the debate- You may split the class into small groups of 3 where each person has a role and they debate in small groups, having multiple debates going at once.

Another option is to have a whole class debate where the students watch each group debate one question. (This option is explained below).

- a. Assign each group of 3 a role and a question. The students can practice reading their scripts or they can create their own answers (using the blank script).
- b. In the front of the classroom, set up a seat for the moderator and a place for both Ace Clean and Professor Grime.
4. Assign roles; pass out name tags and scripts.
  - a. You will need 3 copies of each question (one for moderator, Ace Clean, and Professor Grime) or you can print out a copy of the entire script for each student to follow along.
  - b. You will need a moderator for the introduction and conclusion- could be a good teacher role or if you have more students than roles.
5. Practice
  - a. Give students time to practice their roles in small groups and if they are creating their own answers give them time to create responses.
6. Debate
  - a. Stage the debate. Work your way through the questions, bringing on to the stage a different team per question.
7. Voting-
  - a. Using the enclosed ballot cards students can vote for which candidate they think would do the best at keeping the classroom germ free. Depending on results, there is room for students to share their opinions and discussion.
8. Assignment
  - a. To ensure the students understand the format of a debate and can share their own disease prevention knowledge, have each student complete their own debate question on the sheet provided in the packet.

**Assessment:**

- Students will demonstrate knowledge of debates and disease prevention by creating a question and answer on a topic of their choice.

## **Rules of Decorum and Debate**

Please share the following with your class to help them understand the rules of debate.

1. A formal debate requires absolute silence, except when competitors are asked to speak by the moderator. The moderator is the ultimate authority in a debate, and only he or she is allowed to ask questions.
2. Each candidate must be respectful of one another at all times. This means no whispering, put downs, or other negative actions towards another person.
3. Spectators will be allowed to vote for a winner at the end of the debate.

**Moderator:** Alliance for Consumer Education

**Candidates:** Professor Grime and Ace Clean

## **OPENING STATEMENT**

**Moderator:** Good afternoon and welcome to the first-ever debate on Disease Prevention, sponsored by the Alliance for Consumer Education. Today our two competitors, Professor Grime and Ace Clean, will debate a variety of topics ranging from proper health hygiene, to the correct methods for staying healthy at home and in school. Both Ace Clean and Professor Grime will have an opportunity to answer each question, so competitors, please be respectful while the other is talking. Audience, remember this debate is on the best way to stay healthy and stop germs so listen carefully to each person's response and think about if you agree with what they are saying. At the end, you'll be able to voice who you think gave the best answers.

## QUESTION 1

**Moderator:** Our first question looks at the proper way to cough and sneeze. Professor Grime, what do you believe is the best method for sneezing and coughing?

**Professor Grime:** Well, when I sneeze I usually just release my germs out into the open space around me. It doesn't make much of a difference if I am around other people or not. Sometimes, I cover my mouth using my hands to prevent germs from spreading. But, usually I do not find it a big deal to just cough or sneeze without covering my nose or mouth.

**Moderator:** Wow, Professor Grime that is quite the answer. Ace Clean, what is your take on the situation?

**Ace Clean:** If someone needs to sneeze or cough, they absolutely need to grab a tissue to cover their nose and mouth. If no tissue is available, the next best solution is to sneeze into one's elbow. These two methods prevent the spread of germs to other people around you, and also to desks or chairs, which could carry the germs until the next person touches them. Coughing into one's hand is NOT healthy, despite what Professor Grime has said. When you cough or sneeze into your hand, and then touch other objects, you are spreading the germs!

**Moderator:** Good point, Ace Clean. It seems like you know the proper etiquette for coughing and sneezing.

## QUESTION 2

**Moderator:** Let's see what you guys think on this next topic: hand washing. What is the proper way to do this? How often should it be done?

**Professor Grime:** Hand washing is only necessary after using the bathroom. It doesn't really matter if it is warm or cold water, and you only need to rinse them for around ten seconds. If there is no soap around, no problem! It doesn't make that much of a difference anyways.

**Ace Clean:** Everyone needs to wash their hands, all of the time! After using the bathroom, before eating, and basically any other opportunity you get. It is important to wash your hands using warm soap and water, for thirty seconds to one minute. This can be fun...sing the ABC's or the "Happy Birthday!" song, twice. On average, we touch our face eighteen times in one hour! If our hands aren't clean, we are increasing our risk of becoming infected.

**Moderator:** Yes, it does seem that hand washing is an important hygiene habit.

### QUESTION 3

**Moderator:** Okay, on to the next question. Is it okay to share food and drinks with your friends? What about hair or tooth brushes?

**Professor Grime:** I believe that we should share everything with our friends! If someone I know is thirsty, but they do not have a drink, I just give them my water bottle. Sometimes I pass my water bottle around to a few of my friends so they can all take a sip. I also borrow from people too, like using my friend's spoon at lunch. When it comes to hair or tooth brushes, I don't have a problem letting other people use mine. Sharing is caring, right?

**Ace Clean:** While it is nice to share with friends, you are actually spreading germs when you share certain things. Letting other people drink from your water bottle or using someone else's causes germs to be passed from one person to the next. It is especially important not to share your tooth brush because of all the germs in your mouth \ will get transferred to someone else (not to mention the bacteria they might have which could get passed back to you!). Stay away from sharing tooth brushes, as well as hair brushes, which could carry those pesky little bugs called lice. Sticking to these rules is especially important during the winter season when a variety of cold and flu viruses are spread.

**Moderator:** Good answer, Ace Clean!

## QUESTION 4

**Moderator:** Alright, guys. There are two more questions left in the debate. Are you ready for the next question? Good.

What should you do if you are not feeling well on a school day when there is a big test you need to take?

**Professor Grime:** Go to school! You can't retake the test, and no matter how sick you are, you need to go in and take it. It doesn't matter if you are contagious, just sit away from your classmates and complete the exam.

**Ace Clean:** No! Don't go! If you are sick and especially if you know you are contagious, stay home from school! Not only could you potentially get sicker because you are tired and your body can't fight germs as well, you could also spread germs to all of your classmates. Even if you do not sit next to them, every time you cough, sneeze, or even touch an object such as a desk, you might be transferring your germs. If you are sick, stay out of school.

**Moderator:** You make a good point, Ace Clean.

## QUESTION 5

**Moderator:** Last question.

We are approaching the winter time, when it starts to get really cold and our immune systems become more susceptible to disease. Because it is a lot easier to get sick during this season, what should we do to ensure we stay healthy?

**Professor Grime:** That's easy. Just stay away from other kids that are sick. If you are not playing with them, you will not catch the illness. Also, I have never gotten very sick in the past so my immune system works perfectly. I don't need to take special steps to stay healthy.

**Ace Clean:** The winter season is definitely one where people tend to get sicker. It is necessary to take special steps in order to stay healthy. A lot of them we already covered, like washing your hands and sneezing into a tissue. But, there are other things you can do too. Some of these include taking a multivitamin, exercising for thirty minutes a day, and eating healthy foods. It is also important to get enough sleep, approximately seven to eight hours a day in order to feel well-rested and fight off infection. If you do all of these things, you have a better chance of staying healthy and germ-free this season.

## CONCLUDING STATEMENT

**Moderator:** Thank you, Ace Clean. And you too, Professor Grime. This has been a great debate. Let's go over some of the key points from this debate.

1. Cover your sneeze or cough with a tissue or elbow in order to prevent the spread of germs.
2. Wash your hands frequently. Use warm water, soap, and sing a song such as the ABC's to make sure you are washing your hands for thirty seconds to one minute.
3. Don't share drinks with friends. This perpetuates the spread of germs between people. The same goes for tooth and hair brushes.
4. If you are sick, stay at home. Even if you have a big exam or special event that day, it is not worth the risk of getting worse or infecting others.
5. Keep up with proper hygiene habits! Take a multivitamin, exercise, eat well, and get plenty of sleep to stay healthy.

While both candidates did an excellent job, it seems like Ace Clean has won this one, folks. Stay tuned for more information on Disease Prevention and staying healthy by following Ace Clean and his Gleam Team.

# Create Your Own Debate Question

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Think you are ready to come up with your own debate question? Use the form below to pose a question to Professor Grime and ACE Clean. Then answer your question with the responses that each of these characters would have. Share your question with the class to see what they think!

**Moderator (You):**

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**Professor Grime:**

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**Ace Clean:**

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**Think you are ready to create your own debate responses?** Here is a blank script to create your own answers for Ace Clean and Professor Grime!

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## QUESTION 1

**Moderator:** Our first question looks at the proper way to cough and sneeze. Professor Grime, what do you believe is the best method for sneezing and coughing?

**Professor Grime:**

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**Alliance:** Wow, Professor Grime that is quite the answer. ACE, what is your take on the situation?

**Ace Clean:**

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## QUESTION 2

**Moderator:** Good point, ACE. It seems like you know the proper etiquette for coughing and sneezing.

But let's see what you guys think on this next topic: hand washing. What is the proper way to do this? How often should it be done?

**Professor Grime:**

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**Ace Clean:**

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### QUESTION 3

**Moderator:** Yes, it does seem that hand washing is an important hygiene habit.

Okay, on to the next question. Is it okay to share food and drinks with your friends? What about hair or tooth brushes?

**Professor Grime:**

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**Ace Clean:**

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## QUESTION 4

**Moderator:** Alright, guys. There are two more questions left in the debate. Are you ready for the next question?  
Good.

What should you do if you are not feeling well on a school day when there is a big test you need to take?

**Professor Grime:**

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**Ace Clean:**

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## QUESTION 5

**Moderator:** Last question. We are approaching the winter time, when it starts to get really cold and our immune systems become more susceptible to disease. Because it is a lot easier to get sick during this season, what should we do to ensure we stay healthy?

**Professor Grime:**

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**Ace Clean:**

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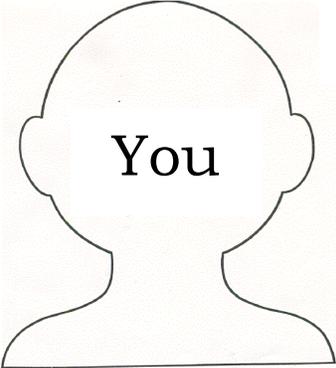
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## CONCLUDING STATEMENT

**Alliance:** Thank you, Ace Clean. And you too, Professor Grime. This has been a great debate. Let's go over some of the key points from this debate.

1. Cover your sneeze or cough with a tissue or elbow in order to prevent the spread of germs.
2. Wash your hands frequently. Use warm water, soap, and sing a silly song such as the ABC's to make sure you are washing your hands for thirty seconds to one minute.
3. Don't share food or drinks with friends. This perpetuates the spread of germs between people. The same goes for tooth and hair brushes.
4. If you are sick, stay at home. Even if you have a big exam or special event that day, it is not worth the risk of getting worse or infecting others.
5. Keep up with proper hygiene habits! Take a multivitamin, exercise, eat well, and get plenty of sleep to stay healthy.

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**MODERATOR**

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Debate on Disease Prevention



**ACE CLEAN**

Debate on Disease Prevention



**PROFESSOR  
GRIME**

Debate on Disease Prevention

# National Debate on Disease Prevention

Pick the candidate you think will do the best job in helping our classroom stop germs.

**Ace Clean**



**Professor  
Grime**



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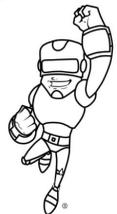
**Professor  
Grime**



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**Ace Clean**



**Professor  
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